

## Los Gatos Center Announcements - December 16, 2010

1.	Video of Sri Daya Mata Memorial Service coming soon to SRF website
2.	Links to newspaper articles about Sri Daya Mata
3.	Ascension card for Sri Daya Mata
4.	Bring six cans of food with you on Saturday and/or Sunday
5.	All-Day Christmas Meditation guidelines
6.	Monastic weekend, Dec. 18 & 19
7.	<i>Second Coming of Christ</i> readings at 9 AM on Sundays
8.	Last Hatha Yoga class for December - 12/22 at 7:15 PM
9.	Christmas Eve meditation, 12/24, 7:00 - 10:00 PM
10.	New Year's Eve meditation, 12/31, 11:30 PM - 12:30 AM
11.	Encinitas Retreat, Feb. 25-27
12.	Book room on Sundays at noon

1. Updated December 13, 2010: Video of Memorial Service for Sri Daya Mata to be available online: The memorial service has been videotaped and will be made available on the Self-Realization Fellowship website as soon as possible.

2. Links to newspaper articles about Sri Daya Mata:

Los Angeles Times

<http://www.latimes.com/news/obituaries/la-me-sri-daya-mata-20101203,0,6781315.story>

New York Times

<http://www.nytimes.com/2010/12/03/us/03mata.html>

India Abroad

<http://www.indiaabroad-digital.com/indiaabroad/20101217?pg=51#pg51>

Salt Lake Tribune

<http://www.sltrib.com/sltrib/home/50803228-76/mata-daya-yogananda-sri.html.csp>

Times of India

<http://timesofindia.indiatimes.com/world/indians-abroad/Sri-Daya-Mata-guiding-light-for-US-Hindus-dies-at-96/articleshow/7034598.cms>

News India Times

<http://www.newsindia-times.com/NewsIndiaTimes/20101210/4812133659059691843.htm>

3. Please sign the ascension card for our beloved Sri Daya Mata on the greeter's table or credenza in the foyer at the Los Gatos Center.

4. If everyone were to bring six one-pound cans to the All-Day Christmas Meditation on Saturday and/or to the church services on Sunday, the food barrels for the Second Harvest Food Bank would fill up in no time, which would be superb because there is very little time left to reach our goal of 1,000 pounds of food by Sunday, Dec. 19th. Thank you for your ongoing generosity to help those in need. Costco is a great place to buy canned goods in bulk.

5. Guidelines for preparing for the All-Day Christmas Meditation on Saturday, Dec. 18th, can be found in the foyer at the Center and are posted on the Los Gatos Center website. They will also be attached to this email. If you bring water with you into the sanctuary, we ask that you

please drink it during periods of chanting only and to refrain from drinking during periods of silent meditation. If you have a cold or an ongoing cough, please tune in to the meditation from your home. People tend to get cold from sitting still for long periods of time. Dress in layers and dress warmly. Wear clothes that are soft and quiet, not fabrics that rustle and make noise with the slightest movement.

6. Brother Pranavananda and Brahmachari Martin from the Mother Center in Los Angeles will conduct the all-day Christmas meditation on Saturday, Dec. 18th, which begins at 10:00 AM and concludes at 6:00 PM or earlier. There will be a break midway. The monks will also conduct the Sunday morning services. There will be a catered lunch and fellowship with the monks on Sunday following the Christmas play and Christmas carols sing-along.

7. To attune ourselves to the Christ consciousness that is felt more deeply during the Christmas season, all are welcome to attend *The Second Coming of Christ* readings each Sunday from 9:00 to 9:45 AM. The current readings are in the first volume and there are books at the Center to share.

8. The last Hatha Yoga class for December will take place on Wednesday evening, Dec. 22 at 7:15 PM. Please bring your own mat, towel or blanket, strap and block to the class, which takes place downstairs. Beginners are welcome.

9. On Friday evening, Dec. 24th, there will be a Christmas Eve meditation service from 7:00 - 10:00 PM.

10. On Friday night, Dec. 31st, we will have a chance to say good-bye to 2010 and welcome in a brand New Year with a meditation from 11:30 PM to 12:30 AM.

11. The Encinitas retreat for Los Gatos Center members is scheduled for the weekend of February 25<sup>th</sup>- 27<sup>th</sup> in 2011. Please contact the retreat office to make your reservations.

Telephone: (760) 753-1811

Fax: (760) 753-8416 (available 24 hours a day)

Email: encretreat AT yogananda-srf.org

12. The book room, which is located downstairs at the Center, is generally open on Sundays at noon.